CROSS TRAIN athletics

ASSEMBLY OR WORKSHOP FOR YOUR SCHOOL!



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ESTABLISH

Serving WNY and beyond for 15 years!



Cross Training Athletics is a non-profit organization whose vision is to encourage students, athletes and leaders to be people of character and integrity.



This flyer, and a qualifying donation of your choosing, entitle your school to a 45 minute Assembly or Workshop!

Assembly/Workshop focused on "Unity through Humility"

- Empathy by listening Attitude of Gratitude Do not belittle, be BIG!
 - · Love Covers





At CTA and Inside Out Schools, our mission is to serve, equip, and empower everyone through love and truths.

We want Train the Heart of a Champion from the Inside Out!

We are spreading our message through what we call our C-4 Playbook to over 45 High Schools in WNY!

In Elementary Schools, we are using our Rising Stars Healthy Living program to help kids become young people of character and integrity!

CROSS TRAINING ATHLETICS

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Contact Us NOW!